

Tactical problems, key component of the representative design of tasks within the non-linear pedagogy approach applied to sports [La problemática táctica, clave en el diseño representativo de tareas desde el enfoque de la pedagogía no lineal aplicada al deporte]

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Nowadays it is widely accepted to teach sports from a motor learning determinant perspective, and a game understanding approach. However, there is a need for a higher understanding of the theoretical concepts that determine the representative design of tasks within the Non-Linear Pedagogy approach. The purpose of this paper is to provide professionals of Physical Education and Sports Coaching with strategies for designing tasks based on the essence of each sport category, as well as an approach focusing on tactical problems in sports. In order to do this, the following procedure was carried out: 1) basic key principles of ecologic psychology and the theory of dynamic systems, which contributed to the construction of non-linear pedagogy, are discussed; 2) the key themes of the motor learning determinants perspective, and of the contextual dynamics of sports, are presented; 3) pedagogical principles of Game-Based Approaches are presented; 4) the relationship between the principles of ecological psychology and dynamic systems theory with task design based on tactical problems is addressed. Finally, 5) An example of this novel design strategy is applied in football . © Federación Española de Asociaciones de Docentes de Educación Física (FEADEF).

Conditions

Sport

Tactical

Tasks

Teaching