Introduction: diabetes is a metabolic disease that can lead a reduction in health-related quality of life. The EQ-5D is a generic preference-based health-related quality of life questionnaire widely used in patients with diabetes. Objective: the aim of the current manuscript is to provide normative values of EQ-5D-5L for Spanish people suffering from diabetes. Methods: data from the Spanish Health Survey (2011/2012) was utilized. A total of 1,857 people suffering from diabetes participated in the survey. EQ-5D-5L scores were defined by sex, region (including the 17 Autonomous regions and 2 Autonomous cities of Spain), and 8 age groups. Results: mean EQ-5D-5L utility index for the whole sample was 0.742. It was better for men (0.826) than for women (0.673). Similar results were observed in the VAS. The ceiling effect was much higher for men (44.83%) than for women (24.41%). Conclusions: the current study provides EQ-5D-5L normative and representative data for Spanish people suffering from diabetes. © 2015, Grupo Aula Medica S.A. All rights reserved.
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