

5-A-side football for individuals with visual impairments: A review of the literature

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The present study aims to conduct a structured literature review based on the results found concerning the term 5-a-side football for individuals with visual impairments. The following keywords were used as descriptors in the reference search: 5-a-side football, football, blind and football for the blind and soccer for the blind. The words were introduced in English, Portuguese and Spanish databases. In order to narrow the search, four inclusion criteria were introduced: i) Mention at least one characteristic of 5-a-side football for individuals with visual impairments, ii) Any type of document is included, iii) Only documents in full-text or abstract version and iii) Written in English, Portuguese or Spanish. After the review process, 40 papers were found, classified into eleven Sport Science disciplines. In conclusion, literature on 5-a-side football for individuals with visual impairments has addressed different research topics in last years. © 2018 by the authors.

Blindness

Disability sport

Futebol para cegos

Fútbol para ciegos

Performance analysis

Team sports