

Sport performance indicators in football 7-a-side for people with cerebral palsy [Indicadores de rendimiento deportivo en el fútbol-7 para personas con parálisis cerebral]

Gamonales J.M.

León K.

Jiménez A.

Muñoz-Jiménez J.

The aim of the study is determining performance indicators that influence in the results of shot on goal in football 7-a-side for persons with cerebral palsy (Fa7CP). The sample was composed of all shots on goal executed during twelve matches of different competition phases of the Fa7PC Paralympic Games in London 2012. The results show a high number of shots, especially in the last minutes of the match. Best-ranked teams are the most throwers and front players with more functional capacity (CP8) have the biggest offensive weight, despite not being more effective than other players. Right foot and instep are the most used areas to shot on goal, which more frequently have low trajectories, develop with the close opposition and from the field central areas. The launch with the highest probability of success is executed from Zone 2, 3 or 6, with the inside of the foot, a low height and without defensive opposition or only in front of the goalkeeper. © Revista Internacional de Medicina y Ciencias de la Actividad Física y del Deporte. All rights reserved.

disability

football 7-a-side

match analysis

Paralympic Games

performance indicator