

Academic performance in higher education students with Attention Deficit Disorder

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Abstract

The attention deficit hyperactivity disorder (ADHD) in adults has a neurobiological origin, with a high impact on the functionality of people who suffer from it due to alterations in attention, executive function and motivation. The objective of this research is to know if there is a relationship between the Attention Deficit Disorder of the adult and the academic performance of higher education students. For this, a literature review was carried out and it concluded that there is a relationship between ADHD and academic performance. The review showed a relationship of students with ADHD and worse performance, university dropout and major career changes. Along with this, it showed a high comorbidity, psycho-emotional and social alterations, sleep disturbances, smoking and fatigue. The performance of university students with ADHD is influenced by the characteristics of the context and can be benefited by neurodidactic strategies that consider the difficulties exposed. © 2021

Author keywords

ADHD; attention deficit; Déficit atencional; estudiantes universitarios; TDAH; university students