

# Influence of teachers, methodology and content of physical education classes in the perception of chilean students

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## Abstract

**Introduction.** The relevance of education in today's society is evident; therefore, it is of vital importance to know the perception of the various actors that interact in it, in particular, the perception of students about the methodologies and contents offered by the teacher is a determining factor in the teaching-learning process. **Objective.** To know the students' perception from three educational centers of the Valparaíso Region (Chile) in relation to the satisfaction with sports activities, the Physical Education class, and the teacher's role. **Methodology.** A scale of 12 items grouped in three dimensions was used. A perception scale was applied to a sample of 660 students of 7th (NB5) and 8th (NB6) grades of General Basic Education, belonging to three Chilean educational establishments (municipal, subsidized, and private schools). **Results.** It is proved that the variables sex and schooling center significantly influence the students' perception of the subject. **Conclusion.** These results seek to improve the actions of the different agents involved in the educational process, aimed at improving students' perception in order to reinforce sports and healthy lifestyle habits.

## Author keywords

Classroom environment

Physical Education

Student attitude

Teacher attitude