

# The development and validation of the healthcare professional humanization scale (HUMAS) for nursing

Pérez-Fuentes M.C.

Herera-Peco I.

Molero Jurado M.M.

Oropesa Ruiz N.F.

Ayuso-Murillo D.

Linares J.J.G.

Introduction: The approach and use of the term 'humanization' is very much present in healthcare. However, instruments for measuring the concept of the humanization of care are yet to be designed and developed. Objective: The main objective of this study was to evaluate and validate the Healthcare Professional Humanization Scale (HUMAS) for nursing professionals. Method: The sample was made up of 338 adults, who were nurses working at health centers and hospitals, and aged between 22 and 56. Results: The results of the analyses confirm that the Healthcare Professional Humanization Scale (HUMAS) has an adequate construct validity and reliability, and defines the humanization of care as a multidimensional construct, made up of five factors: Affection, Self-efficacy, Emotional understanding, Optimistic disposition and Sociability. Conclusions: The new HUMAS scale may be an easily administered and coded instrument for approaching the humanization of care, not only in research, but also in practice. © 2019 by the authors. Licensee MDPI, Basel, Switzerland.

Health

Healthcare personnel

Humanization

Scale

Validation

conceptual framework

health care

health services

hospital sector

model validation

adult

article

construct validity

controlled study

female

health center

human

human experiment

human tissue

major clinical study

male

nurse

reliability

self concept

validation process

emotional intelligence

human relation

middle aged

nurse

optimism

psychology

psychometry

questionnaire

reproducibility

Adult

Emotional Intelligence

Female

Humans

Interpersonal Relations

Male

Middle Aged

Nurses

Optimism

Psychometrics

Reproducibility of Results

Self Efficacy

Surveys and Questionnaires