Explanatory Value of General Self-Efficacy, Empathy and Emotional Intelligence in Overall Self-Esteem of Healthcare Professionals

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We analyze the explanatory value of individual variables such as self-efficacy, empathy and Emotional Intelligence for self-esteem in a sample of healthcare workers, and identicare the variables with the most explanatory value for overall self-esteem. A total of 386 healthcare professionals participated in this study (nursing, Certified Nursing Assistants, physicians and physiotherapists). In all the healthcare professionals, Mood, a dimension of Emotional Intelligence, and Self-Efficacy are predictors of self-esteem. This study showed that Self-Efficacy, Empathy and Emotional Intelligence have a significant positive relationship with Self-Esteem. The results have important practical implications for to promote the worker?s wellbeing and health. © 2019, © 2019 Taylor & Francis.

emotional intelligence

empathy

healthcare professionals

Self-Efficacy

self-esteem

artificial intelligence

health care

health worker

psychology

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emotional intelligence

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health care personnel

human

human experiment

mood

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self esteem

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questionnaire

self concept

Adult

Emotional Intelligence

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Health Personnel

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Male

Middle Aged

Self Concept

Self Efficacy

Surveys and Questionnaires