Normative values of EQ-5D-5L for diabetes patients from Spain [Datos normativos del EQ-5D-5L en pacientes diabéticos de España]

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Introduction: diabetes is a metabolic disease that can lead a reduction in health-related quality of life. The EQ-5D is a generic preference-based health-related quality of life questionnaire widely used in patients with diabetes. Objective: the aim of the current manuscript is to provide normative values of EQ-5D-5L for Spanish people suffering from diabetes. Methods: data from the Spanish Health Survey (2011/2012) was utilized. A total of 1 857 people suffering from diabetes participated in the survey. EQ-5D-5L scores were defined by sex, region (including the 17 Autonomous regions and 2 Autonomous cities of Spain), and 8 age groups. Results: mean EQ-5D-5L utility index for the whole sample was 0.742. It was better for men (0.826) than for women (0.673). Similar results were observed in the VAS. The ceiling effect was much higher for men (44.83%) than for women (24.41%). Conclusions: the current study provides EQ-5D-5L normative and representative data for Spanish people suffering from diabetes. © 2015, Grupo Aula Medica S.A. All rights reserved.

Health state

Health-related quality of life

Normative data

Spain

Utility

adolescent

adult

age

aged

female		
health survey		
human		
male		
middle aged		
psychology		
psychometry		
quality of life		
questionnaire		
reference value		
reproducibility		
sex difference		
Spain		
very elderly		
young adult		
Adolescent		
Adult		
Age Factors		
Aged		
Aged, 80 and over		
Diabetes Mellitus		
Female		
Health Surveys		
Humans		
Male		

diabetes mellitus

Middle Aged
Psychometrics
Quality of Life
Reference Values
Reproducibility of Results
Sex Factors
Spain
Surveys and Questionnaires
Young Adult