Cotinine: A Therapy for Memory Extinction in Post-traumatic Stress Disorder
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Post-traumatic stress disorder (PTSD) is a mental disorder that may develop after exposure to
exceptionally threatening or unescapable horrifying events. Actual therapies fail to alleviate the
emotional suffering and cognitive impairment associated with this disorder, mostly because they are
ineffective in treating the failure to extinguish trauma memories in a great percentage of those
affected. In this review, current behavioral, cellular, and molecular evidence supporting the use of
cotinine for treating PTSD are reviewed. The role of the positive modulation by cotinine of the
nicotinic acetylcholine receptors (nAChRs) and their downstream effectors, the protection of
astroglia, and the inhibition of microglia in the PTSD brain are also discussed.
Cotinine
Extinction
Fear
Inflammation
Nicotinic receptor
Post-traumatic stress disorder
cotinine
nicotinic receptor
animal
drug effect
human

memory
metabolism
nerve cell plasticity
posttraumatic stress disorder
psychology
reinforcement
Animals
Cotinine
Extinction, Psychological
Humans
Memory
Neuronal Plasticity
Receptors, Nicotinic
Stress Disorders, Post-Traumatic