

Standard values to assess attitudes toward obesity in university students [Valores normativos para evaluar la actitud hacia la obesidad en jóvenes universitarios]

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Objective: Verifying the ability of reproducibility of a scale that assesses the attitude to obesity and develops percentile standard for university students from the region of Maule (Chile). **Material and**

Methods: A survey was conducted on 918 university students (535 men and 383 women) from the region of Maule (Chile). Weight and height were evaluated. Body mass index (BMI) was calculated and attitude scale was applied to obesity. The LMS method was used to develop percentile curves.

Results: The scale of attitude to obesity (EAO) showed acceptable values of Cronbach's alpha (0.70 men) and women 0.73). The percentile references were dealers in P15, P50 and P85 by allowing value indicator (Preference/Rejection, Concern/Selflessness and Will/Apathy), age range and gender. **Conclusions:** The EAO is a reliable reference percentile and proposals are an alternative to diagnose, control and monitor obesity attitude of university students.

Attitude

Obesity

Reference standards

Students

Universities

Article

assessment of humans

attitude scale

attitude to illness

body height

body mass

body weight

Chile

female

human

male

obesity

scale of attitude to obesity

student attitude

university student