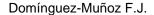
Foot health status questionnaire (FHSQ) in Spanish people with type 2 diabetes mellitus: Preliminary values study



Garcia-Gordillo M.A.

Diaz-Torres R.A.

Hernandez-Mocholi M.Á.

Villafaina S.

Collado-Mateo D.

Jiménez-Fernández C.

Igual-Fraile D.

Pérez-Escanilla F.

Martín-Gómez G.

Adsuar J.C.

Gusi N.

Background and objectives: Type 2 Diabetes Mellitus (T2DM) is a chronic disease characterized by hyperglycemia. T2DM affects millions of people, and has a lot of complications such as impaired sensation in the feet. Moreover, it is important to know the health of the feet of people with T2DM. The aim of this study is to know the preliminary values of the Foot Health Status Questionnaire (FHSQ) in people with T2DM. Materials and Methods: A total of 87 patients with T2DM with an average age of 65.56 years, divided in 54 men and 33 women, participated in this cross-sectional study. The main outcome was the health of the foot as measured by the FHSQ questionnaire. This questionnaire collects data on eight dimensions: Foot Pain, Foot Function, Shoe, General Foot Health, General Health, Physical Activity, Social Capacity, and Vigor. Results: Patients with T2DM have lower values in Foot Pain; median values in General Foot Health and high values in Foot Function, Shoe, Physical Activity and Social Capacity. Some of these dimensions are affected by age, diabetes control, Body Mass Index (BMI), and years of diagnosis. Females with T2DM have

more problems than males in the Shoe, General Foot Health, Physical Activity and Vigor dimensions. Conclusions: this research gives us preliminary values of the FHSQ in Spanish patients with T2DM and divided by gender, age, diabetes control, BMI, and years of diagnosis in people with T2DM. © 2020 by the authors.

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Feet
FHSQ
Health related quality of life
Type 2 diabetes
diabetes
disease control
health status
limb
quality of life
questionnaire survey
aged
Article
body mass
clinical outcome
controlled study
cross-sectional study
descriptive research
diabetes control
female
Foot Health Status Questionnaire
Health Assessment Questionnaire
human

major clinical study
male
non insulin dependent diabetes mellitus
physical activity
quality of life
Spaniard
Spain