

# Serum uric acid levels and risk of developing preeclampsia [Niveles de ácido úrico sérico y riesgo de desarrollar preeclampsia]

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It is well known that preeclampsia is associated to high uric acid levels, but the clinical assessment of this relationship is still under consideration. Our research was to evaluate if periodic doses of uric acid during pregnancy might help to identify a high risk group prior to the onset of preeclampsia. We conducted a retrospective investigation in 79 primary gestates with normal blood pressure and 79 women with preeclampsia who were assisted at Hospital Nacional Posadas during 2010. Serum uric acid levels, creatininemia, uremia, and proteinuria data from the clinical records of the pregnant women were considered. Uric acid levels were similar in both groups during the first half of gestation. However, as of the 20th week, uric acid increased 1.5-times in preeclamptic women with no changes in creatinine and urea, confirming that these patients had no renal complications. Furthermore, we noted that higher levels of uric acid correlated with low birth weight. We also observed that pregnant women with a family history of hypertension were more likely to develop this condition. Moreover, we did not find a direct relationship with the fetal sex or the appearance of clinical symptoms. The analytical evidence suggests that changes in uric acid concentrations may be due to metabolic alterations at the initial stages of preeclampsia. Therefore, we propose that monitoring levels of uric acid during pregnancy might contribute to the early control of this condition.

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Gestation

Preeclampsia

Uric acid

creatinine

protein

urea

uric acid

creatinine

urea

uric acid

abnormally high substrate concentration in blood

Article

blood pressure

clinical feature

controlled study

creatinine blood level

creatininemia

evaluation study

family history

female

gestational age

high risk population

human

hypertension

low birth weight

major clinical study

preeclampsia

pregnancy

pregnant woman

protein blood level

proteinuria

retrospective study

risk factor

urea blood level

uremia

uric acid blood level

adult

birth weight

blood

complication

early diagnosis

parity

Pre-Eclampsia

prognosis

second trimester pregnancy

young adult

Adult

Birth Weight

Creatinine

Early Diagnosis

Female

Humans

Hypertension

Infant, Low Birth Weight

Parity

Pre-Eclampsia

Pregnancy

Pregnancy Trimester, Second

Prognosis

Retrospective Studies

Risk Factors

Urea

Uric Acid

Young Adult