Preference for high-fat diet is developed by young Swiss CD1 mice after short-term feeding and is prevented by NMDA receptor antagonists

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Obesity is a worldwide epidemic that is increasing at an alarming rate. One of its causes is the increased availability and consumption of diets rich in fat. In the present study, we investigated the effects of short-term consumption of a high fat diet (HFD) on dietary preferences in Swiss CD1 mice and its relation in time to specific metabolic effects. Mice that were weaned 21. days postpartum and fed a chow diet for one week were afterward subjected to a diet preference test for 5. days, exposed to both a regular diet (RD) and HFD. We found that mice did not show any preferences. In a second experiment, two groups of mice that were weaned 21. days postpartum and subjected to a chow diet for one week were fed either RD or HFD for 18. days, and a diet preference test was performed for 5. days. After this short-term consumption of HFD, mice preferred HFD, while mice subjected to RD did not show any preference. Importantly, no differences in blood glucose levels were found between the groups prior to and after the experiments. The results support our hypothesis that the preference for HFD is not a spontaneous behavior in CD1 mice, but it can be observed after short-term consumption; additionally, this preference develops before metabolic effects appear. Finally, this preference for HFD could not be observed when the mice were i.p. injected daily with low doses of the NMDA receptor antagonists, ketamine, ifenprodil or MK-801 during the HFD feeding period. These data suggest that acquisition of dietary preference for HFD is a NMDA receptor-dependent learning process. © 2013 Elsevier Inc.

Dietary preference

Feeding behavior	
High-fat diet	
Obesity	
dizocilpine	
glucose	
ifenprodil	
ketamine	
n methyl dextro aspartic acid receptor blocking agent	
animal experiment	
animal model	
article	
controlled study	
diet preference test	
experimental test	
feeding behavior	
glucose blood level	
lipid diet	
low drug dose	
male	
metabolism	
mouse	
nonhuman	
Dietary preference	
Feeding behavior	
HFD	
high-fat diet	

High-fat diet
N-methyl-D-Aspartate
NMDA
Obesity
PBS
phosphate buffer saline
RD
regular diet
Animals
Blood Glucose
Diet, High-Fat
Dizocilpine Maleate
Excitatory Amino Acid Antagonists
Food Preferences
Ketamine
Male
Mice
Mice, Inbred Strains
Piperidines
Receptors, N-Methyl-D-Aspartate