Work environment and well-being of different occupational groups in hospitality: Job Demand?Control?Support model

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The Job Demand?Control and Job Demand?Control?Support (JDCS) models are theoretical approaches that are commonly used to understand the relationship among work characteristics, health, and well-being. In the European context, minimal studies on the main effects and multiplicative model in relation to individual well-being have been conducted. To fill this significant research gap, the present study analyzed the relationship among job demands, job control, social support, and the well-being of certain occupational groups in the European hospitality sector. The JDCS model is critical for the future of the hospitality industry due to its significant role in employees? well-being, strain, and conflict. Different logistic regression models were employed to test the proposed hypotheses. Findings of the data collected from approximately 2000 hospitality employees (a heterogeneous sample in a homogeneous occupational field given the need to use additional homogeneous samples for improved analysis) in Europe confirm the strain (only among managers) and iso-strain hypotheses of the JDCS model across three occupational groups. © 2018

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Hospitality sector

Job control

Job demands

Social support

Well-being